



# GRATITUDE CHECKS



Learn how checks work while saying thanks in creative (and valuable!) ways.

A check is a promise to pay. Sometimes the payment is money, but in our Credit Union of Gratitude we use kindness, time, and effort instead. You'll practice writing checks—and giving thanks—by putting a value on your gratitude.

## Anatomy of a Check

A check has a few important parts.

Here's how to fill them out in the Credit Union of Gratitude:

### 1 Date

Write today's date so the person knows when you gave your gratitude.

### 2 Pay to the Order Of

Write the name of the person you want to thank.

### 3 \$ Box

Write the dollar value in numbers.

### 4 Dollars Line

Write the same amount in words.

**Tip:** This is great math practice—numbers AND words!

### 5 Memo Line

Explain what you're thankful for.

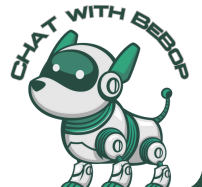
### 6 Signature

Sign your name to show you promise to "pay" your gratitude.

**Side Note:** Gratitude can be priceless... but it's fun to assign a value! Is a hug worth \$1 million? You decide.

## How the Activity Works (with the new twist)

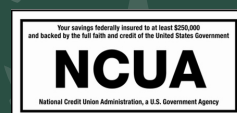
- 1. Learn** — Review the sample check and see how to write amounts in numbers and words.
- 2. Assign a Value** — Decide how much your gratitude is "worth." (Ex: Hug = \$1 million, doing the dishes = \$5).
- 3. Write a Check** — Fill out the blanks, practicing both the number and longform math.
- 4. Cut & Give** — Hand out your Gratitude Checks to family and friends.
- 5. Redeem** — Recipients can "cash" the checks whenever they want their act of thanks.



Flip this page over for your own Gratitude Checks.


Cut them out, assign values, and give them away.

Remember: a check is a promise, so be ready to deliver when someone "cashes in"!



Tip: Assign a dollar value! Is your thank-you worth \$5, \$100, or \$1,000,000? Cleaning your room? Washing the dishes?

CREDIT UNION  
OF GRATITUDE



PAY TO THE ORDER OF \_\_\_\_\_  

\$ \_\_\_\_\_ DOLLARS

DATE \_\_\_\_\_

CHECK NO. 0001

MEMO \_\_\_\_\_ SIGNATURE \_\_\_\_\_

NOT LEGAL TENDER

CREDIT UNION  
OF GRATITUDE

MEMBER SINCE 1982

PAY TO THE ORDER OF \_\_\_\_\_  
DATE \_\_\_\_\_  
\$ \_\_\_\_\_ DOLLARS

CHECK NO.. 0001

SIGNATURE \_\_\_\_\_

MEMO \_\_\_\_\_

NOT LEGAL TENDER

CREDIT UNION  
OF GRATITUDE

CREDIT UNION  
OF GRATITUDE  
TWINNAND FCU

PAY TO THE ORDER OF \_\_\_\_\_  
DATE \_\_\_\_\_  
\$ \_\_\_\_\_ DOLLARS

CHECK NO. 0001

MEMO \_\_\_\_\_ SIGNATURE \_\_\_\_\_

NOT LEGAL TENDER

**Backed by kindness, time, and effort—not legal tender.**